

Factsheet: Health Care Equity

Measure Background

All patients have the right to achieve their highest level of health, without barriers. Yet, there are clear inequities in health care due to structural racism, discrimination against various groups (based on gender, ethnicity, the social construct of race, age, or sexual orientation), and implicit bias. ^{1,2}

A first step to understanding and ultimately improving or eliminating a problem is to collect data. The Institute of Medicine (IOM), the Centers for Medicare and Medicaid Services (CMS), and the American Hospital Association (AHA), among others have called for the collection, reporting, and analysis of race, ethnicity, and language data (at a minimum) to monitor and analyze disparities. ^{3,4,5} Yet, evidence shows that basic demographic data is not collected, and if collected, is often not used to address disparities. ⁶

Why is Health Care Equity Important?

Differences in treatment in the healthcare setting have long been documented, with minorities more likely to report being treated with disrespect or being looked down upon in the patient-provider relationships, which can influence the use of health care services and may contribute to existing health disparities.⁷ Additionally, disparities in health care are considered indicators for poor quality care.⁶

Addressing health care disparities is essential to promoting and ensuring the overall health of the public. Through the collection of demographic data, hospitals can use the information for quality improvement and identify specific individuals and groups to whom quality improvement or other interventions can be directed. ^{3,4} However, when examining the use of race, ethnicity, and language (REAL) data, only 14 percent to 25 percent of hospitals and care systems actually use the data to assess variation in quality and health outcomes.⁶

One organization that collected and analyzed their REAL data identified disparities in their mammography and colonoscopy screening rates. After improvements, they reduced screening gaps for breast cancer by 4 percent and by 13 percent for colorectal cancer by racial groups.⁶

Finally, health care facilities have a unique opportunity to address disparities directly at the point of care². If unresolved, it is predicted that by 2050 racial and ethnic disparities will cost the US health care system \$353 billion.²

Health Care Equity Standard

Hospitals meeting the Leapfrog Health Care Equity Standard meet all of the following:

- 1. Collects, at a minimum, each patient's self-reported race, ethnicity, and preferred written or spoken language data.
- Trains staff responsible for registering patients on best practices for collecting self-identified demographic data.
- 3. Uses the patient self-reported demographic data to stratify at least one quality measure.
- 4. If disparities are identified, has updated a policy or procedure to address the disparity or developed a written action plan.
- 5. Shares information about efforts to identify and reduce health care disparities on its website.
- 6. Reports out and discusses efforts to reduce health care disparities with the board.

Download the complete Leapfrog Hospital Survey scoring algorithms document at <u>Hospital Scoring and</u> <u>Results webpage</u>.

Why Purchasers Need to Get Involved

Purchasers should care about health care equity from both a moral and business perspective. The clear differences in health outcomes for historically marginalized populations lead to increased costs for employers and lower worker productivity rates.² If there are differences in care between populations at health care facilities, purchasers should have that information to make informed decisions about where to send patients, and to hold hospitals accountable. They can also reward hospitals who are taking steps to implement Leapfrog's standard and encourage those who are just starting their journey to identify, address and reduce health care disparities.



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References

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For a comprehensive list of references please review the Health Care Equity Bibliography, available at: <u>https://ratings.leapfroggroup.org/measure/hospital</u> /2025/health-care-equity